

## Aspen Court



### Aspen Court

Moore Street, off Sunderland Road  
Gateshead, Tyne and Wear  
NE8 3PN

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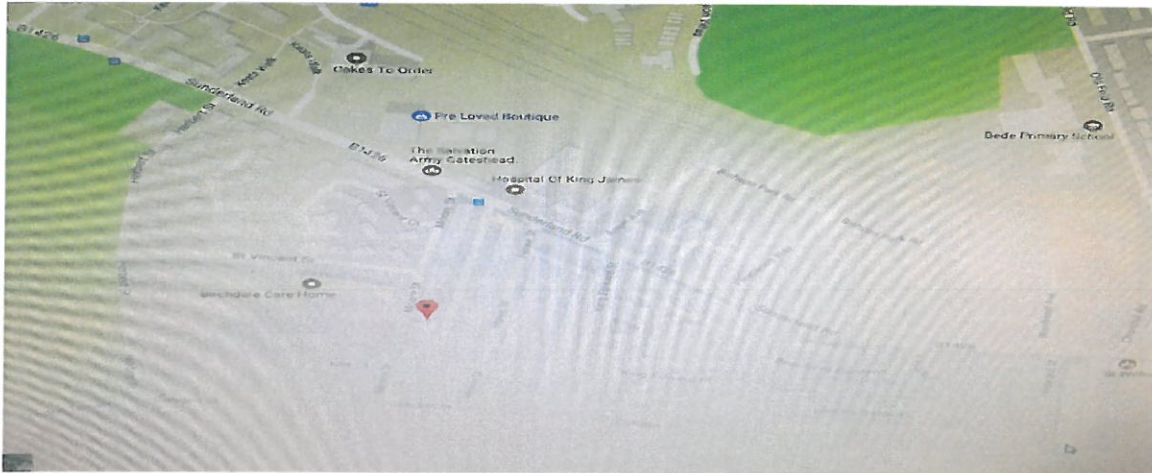
[www.aspencourt.co.uk](http://www.aspencourt.co.uk)

### Welcome to Aspen Court Care Home

Our aim is always to provide person-centred and compassionate care within a Homely setting, we focus on preserving the dignity of our elderly clients, as well as allowing residents to be as independent as possible. We provide a tailored plan of assistance and care within a stimulating and homely environment, working together with residents and families to ensure that all our residents continue to get the best out of life.

## Where we are

The Aspen Court is situated off Sunderland Road on Moore Street, Gateshead, close to Gateshead town centre with all Local amenities including a chemist, post office selection of public houses, shops and supermarkets.



## Aspen Court Living

Aspen Court care home is set in well maintained ground and has garden area to the front and rear of the home. We have a bright pleasant conservatory which overlooks part of the garden and there is a patio area with seating were residents can sit out enjoying the fresh air.

Our home is well equipped and well maintained. All rooms are tastefully decorated and benefits from en-suite Shower facilities, where possible residents can personalise their room and choose the colour scheme, they can also bring in small items of furniture and other personal items.

### **Features include:**

- Large, spacious and furnished suites with private bathroom facilities
- Library
- Hair and beauty salon
- Shop
- Internet access
- Laundry service
- Dining room with varied daily menu choices
- Private, landscaped gardens with seating



## Activities

We encourage residents to follow hobbies and interests: However, there is no pressure and each person is treated as an individual. Family and friends are welcome to visit any time. we have a dedicated Activity Co-Ordinator who ensure all residents are offered a range of activities to suit their needs and we arrange regular trip to local place of interest.



## Types of stay

We are committed to providing the highest possible standard of care. residents will be treated as individual and cared for with respect and dignity with in safe, comfortable and homely environment which provides stimulation and encourage independent where appropriate.

- Residential care
- Nursing care
- Dementia care
- Respite care

## Staff

Our staff are specially trained to help manage the unique needs of residents with varying degrees of care needs whilst ensuring at all times that our care delivery remains person-centred.

Our person-centred approach means that each resident is an individual treated with respect and dignity. Each resident has a named care co-ordinator and Key Worker with an individual care plan.

Residents, and where appropriate their families, are involved, as far as practical, in the decision making regarding their care

Aster Care Home has a team of qualified nurses complimented by well-trained and dedicated care assistants that provide an excellent standard of care 24 hours a day.





## Meal times



- A cooked Breakfast is available from 8am till 10am. A breakfast of Cereal toast and fruit is available until 10.30am
- Lunch is served between 12pm - 13.30pm there is a choice of 2 different dishes daily except on a Fridays and Sundays where traditional fish and chips (or egg if requested) is on a Friday, and a traditional Sunday roast is served on Sundays
- The evening meal is served between 17.00pm -18.00pm. There is a choice of hot and cold meals daily
- Residents can always ask for tea and light snack in between the scheduled meal times

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